

9th/10th Grade Parent Night
January 15, 2014

STANDING OUT IN THE COLLEGE ADMISSIONS PROCESS

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Welcome to the 9th/10th Parent Night Agenda

1. Grades and Rigor
2. Extra-Curricular Activities
3. Naviance (Sequoia's college research & organization software)
4. Tips on UC Personal Statements
5. How you (the parents) can help your students

GPA and Rigor


- These are usually the two most important factors in admission selection.
- Competitive schools are not just looking for minimum A-G.
- Once a student chooses a course he/she must get a good grade to be competitive.
- Only way to make-up a “D” cost free is through Apex or community college; due to budget cuts.

Course Rigor

Competitive colleges also consider the following when looking at your transcript:

- How much did you challenge yourself academically?
- How many college prep classes were taken above and beyond the minimum A-G requirements?
- How many ICAP/ IB/ AP courses were taken?
- Did you take any community college courses?
- How creative were you in your preparation?

Understanding the GPA

- Do you know the significance of each Grade Point Average (GPA)?
 - Cumulative GPA?
 - Weighted GPA? 
 - California Cal Grant GPA?
 - Weighted 10-12 A-G GPA is?
- What GPA does Sequoia use for colleges?

A-G ELIGIBILITY VS SELECTION NON-IMPACTED VS IMPACTED

Minimum A-G UC/CSU

Cal Poly SLO

COURSE # OF YEARS

English	4
Algebra I & II	2
Geometry	1
Advance Math	0
Foreign Lang	2
Lab Science	2
Physical/Biological	
Social Studies	2
VPA	1
Electives	1

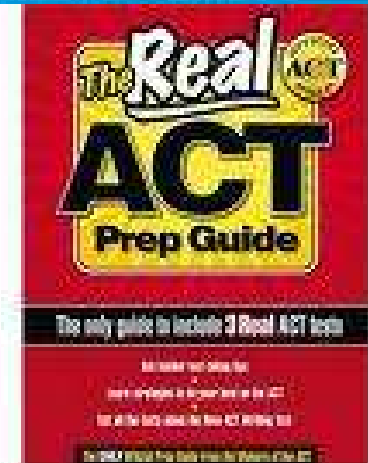
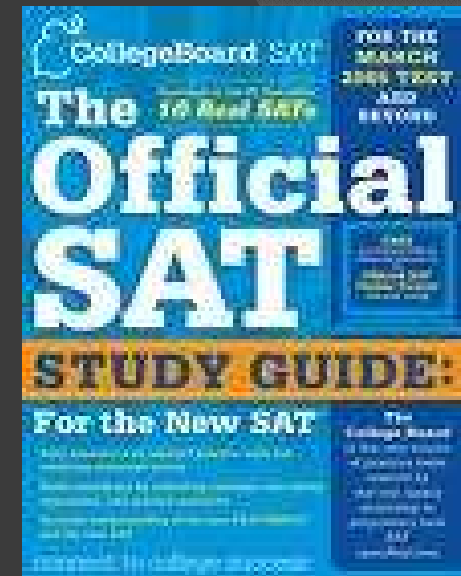
DESIRED

Course Pattern

5
2
1
2
4
4
2
1
1

WHAT TESTS DO I NEED TO TAKE?

- ◎ **Sophomore Year**
 - PSAT in October
 - SAT Subject Tests
- ◎ **Junior Year**
 - PSAT in October
 - SAT Reasoning in Spring
 - ACT in Spring
 - SAT Subject Tests
- ◎ **Senior Year**
 - SAT and/or ACT in Fall
 - SAT Subject Tests



Extra Curricular Activities

FOLLOW YOUR PASSION!

Sustained Commitment:

- Strengthens College Admissions
- leads to Scholarships

Competitive students:

- complete about 100 hours a year in outside activities they enjoy!
- include activities both in and out of school
- include community service
- Participate in enrichment opportunities

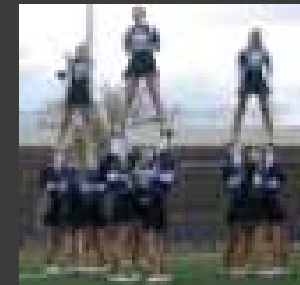
Extra Curricular Activities

- Participate in leadership roles
- Keep track and write about the activities chosen:
 - how you were impacted/transformed
 - KEEP A JOURNAL IN NAVIANCE
 - START AND MAINTAIN A RESUME

Scholarships and colleges like long term activities **THROUGHOUT HIGH SCHOOL.**

How about getting involved?

- ◎ **Sports**
- ◎ **Leadership**
 - What are examples of leadership roles?
- ◎ **How about Clubs!**
 - Robotics
 - Hip Hop
 - ECOS (Environmental)
 - GSA (Gay Straight Alliance)
 - Chess Club
 - BSU (Black Student Union)
 - Polynesian Club
 - Dream Club
 - And more....



Searching for Enrichment Programs in Naviance

The screenshot shows the Naviance Family Connection website interface. The browser window title is "Colleges - Mozilla Firefox" and the address bar shows "https://connection.naviance.com/family-connection/colleges/". The user is logged in as Tamesha Wise from Sequoia High. The main navigation bar includes "courses", "colleges", "careers", "about me", and "my planner". A search bar for colleges is located on the left. The "my colleges" section includes links for "colleges I'm thinking about" and "colleges I'm applying to", along with "Upcoming college visits" for California State University, East Bay. The "college research" section is highlighted with a black oval and contains links for "SuperMatch™ college search", "college compare", "college lookup", "college search", "college resources", "college maps", and "enrichment programs". The "scholarships & money" section includes links for "scholarship match", "scholarship list", "scholarship applications", and "national scholarship search". The Windows taskbar at the bottom shows the date and time as 11:27 AM on 11/27/2012.

Finding The Right College: Choosing A College That's Right For You

- About Best Fit (not brand name or friend's choice)
- Must research colleges
 - Naviance
 - Collegeboard.org
 - Colleges That Change Lives
 - NACAC & WACAC College Fairs
 - CollegeweekLive.com
 - College Rep Visits to SQ/ Local Presentations
 - College Visits
 - Private School Info Meeting
 - Senior Panel

www.CollegeWeekLive.com

The screenshot shows a Mozilla Firefox browser window displaying the CollegeWeekLive website. The browser's address bar shows the URL <http://www.collegeweeklive.com/>. The website's header features the "CollegeWeek Live" logo and navigation links for Register, Events, Colleges, Speakers, Agenda, Sponsors, and Counselors. A main promotional banner reads: "A virtual college fair connecting you with HUNDREDS of colleges and universities online." To the right of this banner is a "Free Online College Fair" section with a list of benefits: meeting hundreds of colleges, getting admissions questions answered in real time, hearing expert advice on test prep and application essays, discovering new ways to pay for college, and video chat with students on 75+ college campuses. Further right is a "Mark Your Calendar!" section with two events: "CollegeWeek Live SPRING" on MAR 24-25 2010 and "CollegeWeek Live FLORIDA DAY" on MAY 6 2010. On the far right, there is a login section with fields for "Email Address (Use...)" and "Password", and a "Logi..." button. Below the main content, a blue banner features a quote: "Kevin Ladd, VP of Scholarships.com, talks scholarships for juniors at CollegeWeekLive SPRING!". The browser's status bar at the bottom shows "Done" and the Windows taskbar with various open applications and the system clock at 8:02 AM.

College Fairs Online - CollegeWeekLive - Mozilla Firefox

File Edit View History Bookmarks Tools Help

<http://www.collegeweeklive.com/> Google

Most Visited Getting Started Latest Headlines Customize Links Free Hotmail Windows Marketplace Windows Media Windows

pdf Search PDF

<http://students.be...eneral.asp?id=5137> <http://students.be...eneral.asp?id=5137> College Fairs Online - CollegeWee...

CollegeWeek Live

Register Events Colleges Speakers Agenda Sponsors Counselors

SHARE

Register

Login

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Click to R

A virtual college fair connecting you with HUNDREDS of colleges and universities online.

Free Online College Fair

- ✓ Meet hundreds of Colleges Live & Pick the Perfect U
- ✓ Get Admissions Questions Answered in Real Time
- ✓ Hear Expert Advice on Test Prep, Application Essays
- ✓ Discover New Ways to Pay for College
- ✓ Video Chat With Students on 75+ College Campuses

Mark Your Calendar!

MAR 24-25 2010

CollegeWeek Live SPRING

MAY 6 2010

CollegeWeek Live FLORIDA DAY

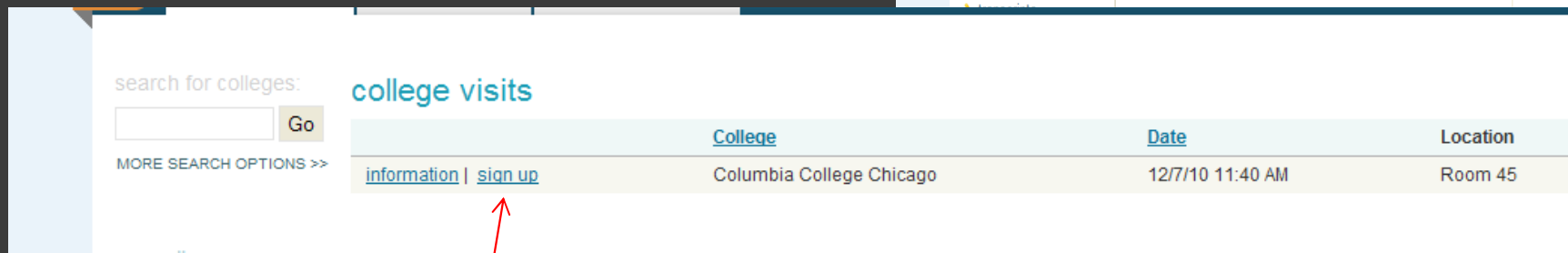
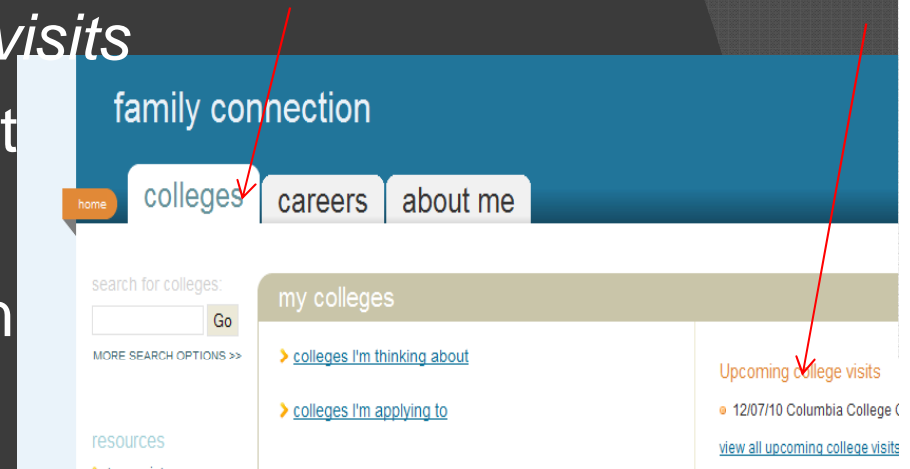
Kevin Ladd, VP of Scholarships.com, talks scholarships for juniors at CollegeWeekLive SPRING!

Done

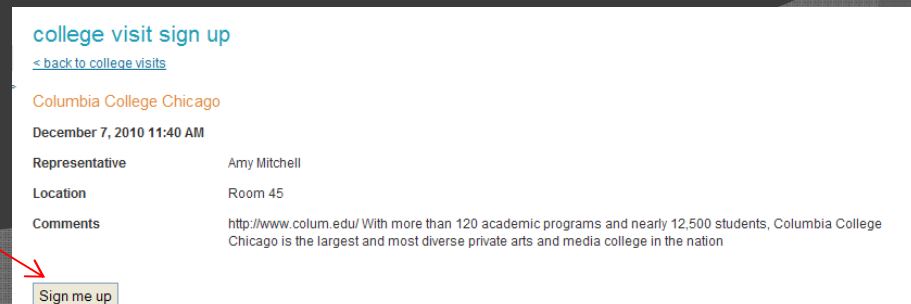
Start Novell GroupWise - M... Microsoft PowerPoint... Document1 - Microso... College Fairs Onlin... 8:02 AM

Signing Up For College Visits on Naviance

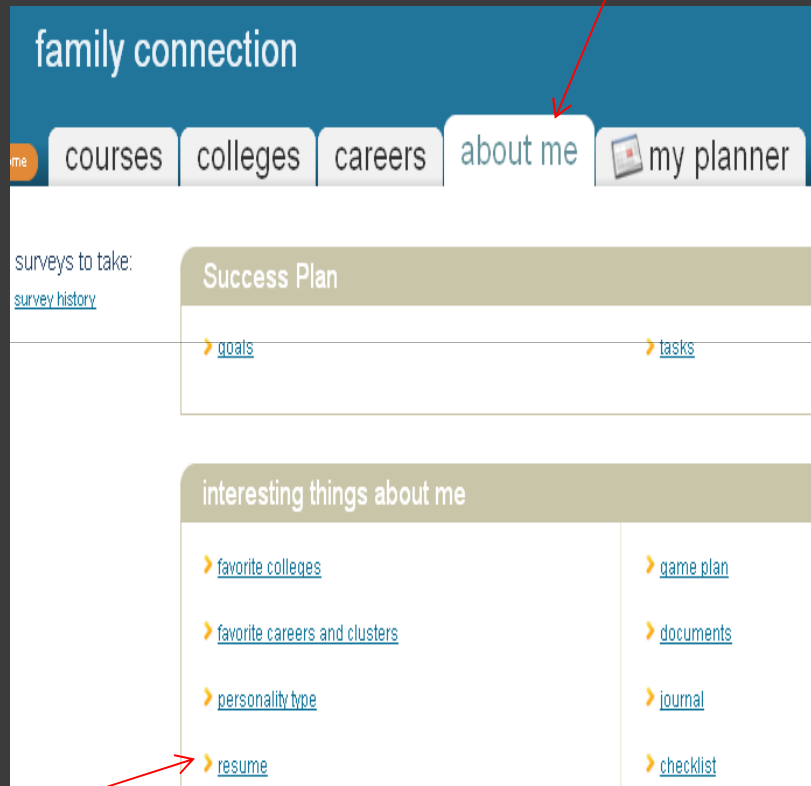
- Click *College* tab
- Click *view all upcoming college visits*
- Click *information* to learn about it
- Click *sign up* to attend
- You must get teacher permission
- Click Sign Me Up



Pick up your
pass in
Room #45



Every semester UPDATE your resume on Naviance



Click on *About Me* tab

Keep track of:

School Clubs
School Activities
Music/ Artistic Performances
Awards/ Honors
Sports
Volunteer Jobs
Work
Leadership positions
Community Activities

So you won't forget it when you apply to college and a job!

UC Application Tips: Personal Statement (PS)

- Used to assess qualities/ characteristics of applicant
- Should paint life context
- Should give a picture of the applicant, personality, character, etc.
- Use transcript & Naviance resume. Pretend you are reader. What questions would you have as a reader.
- Is PS answering questions we may have as readers- Why a C in this class? Why GPA decline? Why no honors IB courses? Why lack of outside activities?
- Address life changing/forming experiences AND what you got out of it, how did it impact you/shape you.

How Can Parent Help Their Student?

- ⦿ Help them identify passions & interests
 - Direct passions to volunteer/ internship/ summer programs/ school club opportunities
- ⦿ Encourage use of summer time
 - Check Naviance Enrichment Programs, Volunteer, take CCC course, get a job
- ⦿ Encourage Community College Courses
 - Balance of stress & interests & college competitiveness. Too much stress has consequences
- ⦿ Push high GPA with SAFE Program tutorials, asking teacher for help
- ⦿ Encourage student to use Naviance AND check email weekly

Thank you for coming!

Please contact your students
Guidance Advisor or
College Advisor Ms. Ignaitis with further
questions.